Minnesota Quilters February Meetings

Thursday, February 2, 7 pm
Saturday, February 4, 10 am

Guest speaker for February ~ Suzy Webster

Suzy will be presenting her trunk show for our February meetings. Her work is based on Hungarian art of Kalosca Embroidery. Her appliqué reflects her heritage and the handwork that she encountered in the Central Market Hall in Budapest.

Suzy has been quilting since she was eight years old. Over the years, she has come to love a variety of quilting techniques, her favorites being appliqué, paper-piecing, designing her own original work, and free-motion machine quilting. She has won numerous awards including six Best Machine Quilting ribbons. She also won the Young Designer's category at Paducah three years in a row. She currently teaches beginning machine quilting.

Quilter of the Year

Minnesota Quilters is pleased to announce our 2017 Quilter of the Year, Karen McTavish.

Karen McTavish is an internationally known quilter, teacher, lecturer, and author who has been teaching professionally since 2000. She has been quilting on a longarm since 1997 fulfilling her two passions: creativity and inspiration. Karen specializes in crafting award-winning quilts using techniques which allow any machine quilter to replicate traditional "hand-quilted" effects as well as quilting today's modern quilts. She has been featured on television shows, such as Simply Quilts on PBS and writes articles for national quilting magazines and journals. Karen has lectured and has judged quilt shows across the country. She is the author of seven books: Quilting for Show 1 & 2, Whitework Quilting, Mastering the Art of McTavishing 1 & 2, Secrets of Elemental Quilting and Custom Curves. She has been a full-time professional quilter since 1997 – supporting her family through her craft.

In addition to displaying her quilts, Karen will be on the faculty at our 2017 show and conference. We look forward to seeing more of her and her work next June!

2017 Minnesota Quilters Show Faculty

Barbara Yates Beasley
http://www.barbarayatesbeasley.com

Michelle Cartier

Mickey Depre
http://mdquilts.com

Kate Eelkema

Gudrun Erla
www.gequiltdesigns.com

Pam Goecle Dindorf
www.aardvarkquilts.com

Becky Goldsmith
http://pieceocake.com

Laura Heine
http://fiberworks-heine.com

Lola Jenkins
http://www.lolasdesingerquilts.net

Lori Kennedy
http://theinboxjaunt.com

Mary Elizabeth Kinch
http://maryelizabethkinch.com

Bonnie Langenfeld
http://www.landscapesinfabric.com

Cindy Lohbeck
http://handsonhanddyes.com

Karen McTavish
http://mctavishquilting.com

Kari Schell
http://onpointquilter.com

Annie Unrein
http://www.byannie.com

Lecturers

Marilyn Badger

Claudia Clark Myers
http://claudiameyersdesigns.com/quilts-from-my-designs

Karla Overland
http://cherrywoodfabrics.bigcartel.com
Upcoming Events

February 2 and 4, Lectures by Suzy Webster
February 3, Quilting For Others! Join us in making quilts for charity, 9 to 3 pm!
February 16-18, In Town Retreat at Pearl and Myrtles Invitation coming soon in your email.
March 2 and 4, program presented by Dawn Cook-Ronnigen
March 4, 1-4, Appliqué Class by Dawn Cook-Ronnigen Invitation coming soon in your email.
March 11, 6-7:30, Building a Legacy: African American Quilt History with Dr. Carolyn Mazloomi with music by Dennis Spears and the Wolverines Jazz Trio, at The Recovery Church, buy your tickets for $30 from the Textile Center.

More calendar information available on the MQ website: http://www.mnquilt.org/meetings.html
Directions and map to our meetings on the MQ website: http://www.mnquilt.org/location.html

MQ Board of Directors Meetings: Finance Meeting Tuesday, February 21, Board Meeting Tuesday, February 28. All board and finance meetings are at 6 pm. Please notify Rose or Pat, president@mnquilt.org if you have an agenda item and/or wish to attend.

DEADLINE for March Newsletter: Tuesday, February 7. Please send newsletter articles to editor@mnquilt.org. Any submissions received after the due date will be saved for the following month’s newsletter.

Highlights from the December Board Meeting
Approval was given for the hiring of the new bookkeeper. Applications for the Show Director are being reviewed and interviews will begin in January. The 2017 Scholarship winner was named, The final list of grant recipients and amounts was presented and approved.
The next Board Meeting will be on Tuesday January 24, 2016 at 6 pm at 253 State Street, St. Paul. Respectfully Submitted, Karen Knoll, Secretary

Building a Legacy: African American Quilt History

Dr. Carolyn Mazloomi

Saturday, March 11 at The Recovery Church

6 to 7:30 PM - Doors open at 5:30, music starts at 5:45

The Textile Center and Minnesota Quilters present a lecture by Dr. Carolyn Mazloomi with music by Dennis W. Spears and the Wolverines Jazz Trio at the Recovery Church Sanctuary, St. Paul.

No artistic form is more closely associated with African American culture than quilt making, representing skill, aesthetic beauty, and utilitarian need. For African Americans the quilt became a covert expression of resistance within the context of storytelling. In the past few decades, traveling museum exhibitions have brought African American quilts to the public, stimulating broad interest and offering extraordinary opportunity for scholarly study. As a result, African American-made quilts are now celebrated and highly collectable. From improvisation to art quilts, Dr. Carolyn Mazloomi will discuss the historical and cultural significance of quilts made in the African American community.

To learn more about Dr. Mazloomi, go to: http://carolynlmazloomi.com
Tickets for Minnesota Quilters and Textile Center members - $25, Non-member tickets - $30 Register now at: http://textilecentermn.force.com
Message From Our Co-Presidents
president@mnquilt.org

By now everyone should have a copy of the registration booklet for MQ’s 39th Annual Show and Conference. We have a great line-up of teachers and we’re sure you'll find a few classes and lectures to suit your tastes. Please consider volunteering at the show. It’s an easy way to help our organization and an even easier way to make friends! We’ll need over 500 volunteers so we hope we can count on you!

One of the exhibits at the show is the President’s Challenge. This year the theme is Quilts that Inspire a Child’s Senses. Quilts will be donated to Westside Community Health Services.

It may seem early, but this is the time of year that the nominating committee begins the search for candidates to replace the departing members of the Board of Directors. This year we need to fill the following positions: Secretary, President-Elect, Co-Directors for Education, Communications, Operations, and Membership. We know there are lots of members with the skills to fill these positions. You can speak to any board member if you have any questions or if you want more information about a particular position.

The hiring committee held interviews for a Bookkeeper and we have hired Renae Shields for the position. Renae comes to us with a lot of experience with nonprofits. Linda Wines will be in the office to help with the transition. We are currently in the process of hiring someone to take over the Show Director position. It will be difficult to fill Linda’s shoes, but we're confident we'll find someone up to the task.

Save the date - Saturday, March 11, 5:30 to 7:30 in the sanctuary at The Recovery Church. Minnesota Quilters and the Textile Center of Minnesota will be hosting a festive talk by Dr. Carolyn Mazloomi, a distinguished scholar and quilter who studies African-American quilting traditions. We’ll let you know when tickets are available.

Rose Allen and Pat Curtner, Co-Presidents

In Town Retreat – Feb 16, 17, 18

Pearl and Myrtles is OPEN!

We are excited to be back at Pearl and Myrtles Retreat Center in Anoka. Come join us for one, two or three days of quilting and socializing. Bring your projects and snacks to share. You can bring a lunch, or go to one of the nearby restaurants. Don’t forget to shop at Millie P’s. There is a discount available if you let them know that you are at the retreat. There is a limit of 20 people per day and we will be sharing tables this time. (We will be sharing the center with two other groups.) The cost is $15 per day.

MQP Corner

The Minnesota Quilt Project has documented more than 4000 Minnesota quilts and posted them on The Quilt Index (http://www.quiltindex.org). We continue to document quilts following an MQ Saturday meeting once each quarter, with the next opportunity on February 4. If you would like to have a special quilt documented (new or vintage), please send a message to mqp@mnquilt.org or to quilter@mnquilt.org. The documentation forms we use are posted at our website http://www.mnquilt.org/mqp/Forms_intro_page.html

MQP is excited to sponsor programs by Dawn Cook-Ronningen at the March MQ meetings. She will be speaking on hexagon and appliqué quilts, showing examples from her collection. Dawn will teach a 3-hr class on hand appliqué Saturday, March 4, from 1-4: You can find her blog at http://collectorwithanneedle.blogspot.com

The MQP group meets in the Bill Wilson Room at 9:00 a.m. prior to the Saturday MQ meetings. We welcome your participation in our projects to identify, label, and document the history of quilters and quilts.

2017 Strips and Fat Quarters Drawings in 2017

February - Strips of Pink Orange or Red
March - Fat Quarters of Solid colors

Basic Information:

Fabric should be 100% cotton quilt-shop quality, approximately 18” x 22” for fat quarters, 2.5” x Width of Fabric for Strips. Each entry should follow the theme of the month.

Each person may contribute as many as, but not more than, three per month. Each contribution should have the donor’s name and phone number attached. For each item contributed, the donor’s name is put into the drawing up to three. Donations are taken at the Thursday and Saturday meeting. Or they may be mailed to the MQ office, 253 State St, St Paul, MN 55107-1612 and must arrive before the Saturday meeting. If there are 29 or fewer entries on Saturday, one name is drawn. If there are 30 or more, two names are drawn. The FQs are divided up evenly between the winners. Winners do not need to be present. The winner(s), if not present, is phoned and notified that s/he may pick up the FQs/ Strips at the MQ office.

Or other arrangements may be made with the winner.

Becca Brackett and Lynn Zusspann

Needed: Quilters to Volunteer for a 2017 Minnesota Quilters Studio Tour Event.

There were not enough volunteers last year to offer Studio Tours in 2016. Will there be enough in 2017 so we can hold this fun fund-raiser again?

Last year’s tours were going to be in the Northwest quadrant of the Metro area - those living north of I-394 and west of I-35, and the following year we were going to try for the Northeast region - those living north of I-94/394 and east of I-35. For 2017, let’s see which region has six willing volunteers, and we will go there. (And these division lines are suggestions, not rules - we will definitely allow some variance if you live in Plymouth or Woodbury and are just south of 94/394; we just want the studios to be in the same general area so we can get to all of them in one afternoon.)

So…if you live in either the northwest or the northeast region of the Metro and are willing to let MQ members tour your personal quilting space from 1 to 5:30 pm on Saturday, August 5, 2017, please contact Kate Eelkema. keelkema@comcast.net.

So…if you live in either the northwest OR the northeast region of the Metro and are willing to let MQ members tour your personal quilting space from 1 to 5:30 pm on Saturday, August 5, 2017, please contact Kate Eelkema. keelkema@comcast.net.

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Volunteer Corner

Hello to all our wonderful MQ members. Many thanks to all of you who volunteered this past month, especially Lindsay Leguillon - Evening Hospitality co-Coordinator. We need and appreciate all of our volunteers! All volunteers need to record their hours on the white slips at the meetings. Since the first quarter of our last fiscal year starting Oct. 1, 2015 you have turned in 2152 hours on the white slips. Keep up the good work. If any of you are interested in the following positions or have questions about them please send us an email volunteer@mnquilt.org or talk to us at the meetings. If you would like to volunteer for any position that is not listed, please let us know. Our current fiscal year started on Oct 1, 2016 and there are some positions open. Please let us know if you would be interested in volunteering for a position this year. We need you badly! Remember this is a volunteer organization!

Current available positions:

Evening Photographer. Contact Mary, editor@mnquilt.org or call Debra in the office.

Newsletter Editor: Mary would like to retire after many years of taking pictures and writing the newsletter. If you are interested contact Mary at editor@mnquilt.org or call Debra in the office.

Gallery Exhibit Coordinator: Rebecca Finch is looking for a new coordinator for this committee as she is our new show coordinator. She will train anyone interested. See her at the meeting or email MQgalleryexhibits@mnquilt.org

Public Relations Coordinator: See Rebecca Finch about this position if you are interested. She will train the new person.

Membership Co-Coordinator Day: Talk to Lynette Wass who is the Membership Coordinator on the Board.

Library Committee Member: Check out books at meetings and work with other committee members on goals for our library. Talk to Past President Martha Eaves.

Nancy Hall, Loretta Stone and Mary Tague

MQ Spring Get-Away Retreat! March 26-29
Camp Wapogasset in Amery, Wisconsin

This is a low key retreat with lots of time to get projects done. Watch your email for the registration information.

2017 President’s Challenge

Quilts that Inspire a Child’s Senses

Create a baby or toddler quilt that helps a child explore their senses. Incorporate elements they can: FEEL, CHEW, GRAB, MAKE NOISE, SEE, IDENTIFY (shapes, animals, faces, etc.)

These elements need to be firmly attached to the quilt so the child cannot remove them. Use high quality fabrics. Any objects you attach must meet child safety standards.

Quilts can range in size from 30” to 45” on a side and should be square or rectangular.

The quilts you create will be donated to the Westside Community Health Services – one of our neighbors located about a half mile from our offices.

Westside Community Health Services nurse midwives and family practice doctors care for pregnant women and their families at three neighborhood health centers: La Clinica, East Side Family Clinic and McDonough Homes Clinic.

As an important piece of the "health care safety net" in Saint Paul, Westside provides all services on a sliding scale and assists people in accessing many state and federal programs to assist with cost of care. In addition to prenatal, family planning and well women care, they attend about 500 births a year at Regions Hospital.

They aim to meet women where they are and walk with them on their journey of pregnancy - addressing comprehensive physical, mental and social health needs in culturally competent and empowering ways. This care extends beyond an exam room, creating many community ties to meet the needs of the whole person.

It takes a village. Our quilts will be a welcome addition to their work with families.

Paint Chip Challenge Quilts

You were kind enough to loan us your quilt last June for the Special Paint Chip Challenge Exhibit in June at the Minnesota Quilters Show in St. Cloud. We had hoped to display those quilts at the Hennepin Gallery this past fall, but, unfortunately, that opportunity fell through.

We made the Paint Chip Challenge quilts available for their owners to pick up at the November MQ meetings (both Thursday evening and Saturday morning). Please check your returned quilt to make sure it’s yours and to verify that there’s not an extra quilt rolled up with yours. If you find an error has been made, or you have an extra quilt, please let me know as soon as possible. You can reach me at the e-mail addresses below, or call the office.

We still have a few empty quilt bags. We’ve attempted to contact everyone we know who loaned us quilts. If you have been called, please pick up your quilt bag at one of the meetings this week. If you weren’t reached, but did not receive your quilt bag back with your quilt, please let me know.

We appreciate your helping this way. Happy New Year!

Kathie Simon Frank, ops@mnquilt.org or kathie@umn.edu

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“Wish I May” designed by Kristin Lawson, blocks made by the Minneapolis Modern Quilt Group and quilted by Nancy Birger, made a brilliant debut in October at meetings of the MN Quilters, Minneapolis Modern Quilt Guild and Minneapolis Contemporary Quilters.

“Wish I May” was the belle at the American Swedish Institute’s Quilting Arts Today Exhibit. It wowed the guests at the Nov. 5th MQ Open House. It will be on view at all MN Quilters’ regular meetings.

The raffle quilt is a significant fundraiser for Minnesota Quilters, supporting community outreach, education, and quilt culture.

“Wish I May” expresses the character of MQ as it took many hands to make, practical inspiration to design, creative expertise to quilt in an exuberant celebration of quilting and quilters.

“Wish I May” is a bright joyful quilt which has to be seen to be fully appreciated. It is our mission to get this beautiful quilt out and about as much as possible. If you’d like “Wish I May” to make an appearance at your quilt event, guild meeting, quilt shop event or community event, please email Jude Edling and Martha Eaves at raffletickets2017@mnquilter.org

NEW CATEGORY FOR JUDGED QUILTS IN THE 2017 SHOW

Most quilt shops offer Block of the Month, Row by Row, Mystery, or Kit quilts which provide the pattern and often all the fabric needed to make the quilt. Many quilt shows do not allow these quilts in their judged competitions. In 2017, Minnesota Quilters will have a brand new category in the judged competition of our annual show especially for these kinds of quilts.

Quilts entered into this new WORKMANSHIP category may be constructed by hand or machine. They may include piecing and/or appliqué. They may be completely constructed and quilted by one person, or the quilting may be done by a second person. Since many of the design and/or fabric decisions will have been made by someone other than the entrant, the judges will focus on WORKMANSHIP – how well the entrant has used the given elements to create the finished quilt.

This is a single, 1 or 2 person category. Please note that if you have won Block of the Month blocks at a monthly guild meeting and combine those blocks into a quilt, that must be entered into the GROUP category, as it is the work of more than two people. If, however, you have signed up for a Block of the Month quilt at a quilt shop and are receiving a pattern and/or a kit each month which you are assembling yourself, that quilt should be entered into the new Workmanship category.

There were photos of several Row by Row quilts on Facebook last summer. Did you know that there was a special prize for Row by Row quilts at the Minnesota State Fair, but none were entered this year? How about entering those quilts into the MQ show next June? How about the online Mystery quilt offered by MQ this year? How about that kit you just had to buy at the show in St. Cloud? Get those quilts finished and enter them into our new category in 2017!

If you have any questions, please contact judged2017@mnquilt.org. Kate Eelkema & Melissa
National Association of Certified Quilt Judges

The NACQJ (National Association of Certified Quilt Judges) is looking forward to partnering with the Minnesota Quilters Show this year. Our interaction will focus on the following activities:

- Certified Judge candidates will gain experience as aides and observers on the judging floor at the MQ Show in Duluth.
- The MQ Show will provide a venue for the evaluation of quilts for the NACQJ’s Masterpiece Quilt Program.
- The Two-Day Introduction to Quilt Judging Seminar will be offered by Qualified Instructor CJs to anyone interested in learning more about the quilt judging process.

To find out more about certified judges, the judging candidate program, or the Masterpiece Quilts program, please visit www.nacqj.com.

To find our more about the Two-Day Introduction to Quilt Judging Seminar, please visit www.quiltjudgingseminar.com.

Thank you to Minnesota Quilters for its support of the NACQJ Certification Program.

Clarification/Correction

Mickey Depre’s Pieced Hexies Buffet class involves both hand and machine piecing.

Special Blue Quilt Bags!

The MQ Show Merchandise Committee has ordered new blue zipper bags which would be perfect for transporting or shipping your quilt entries to this year’s show. The zipper goes all the way around three sides, and there are pockets on the outside for identification information. You will be asked to submit your quilts for the judged competition in a cloth zipper bag this year, so be sure to check out these new bags at the next MQ meeting.

Door Prize!

We bet all of you know what a door prize is. We also think most of you like to win them! So we need some help! Please consider making a donation of new or gently used quilting items to be used either for door prizes or to be sold at our garage sale this spring (the proceeds are used to purchase door prizes). Books, fabric, notions… Drop them off at the MQ office or at a monthly meeting.

Thank you! Door Prize committee
Minnesota Quilters 2017 Show Faculty Techniques

Appliqué
- Becky Goldsmith: Backyard Birds, Blowin’ in the Wind, Stitch it in Wool: Texas Tulips

Design
- Becky Goldsmith: Practical Color for Quilters-Minneapolis
- Kari Schell: Introduction to EQ7, Introduction to Easy Draw, T-Shirt Quilt Design

Piecing
- Becky Goldsmith: Improvisational Piecing
- Pam Goecke Dinndorf: Sukiyaki
- Gudrun Erla: Stripology, Stripology Squared, Strip Your Stash
- Kari Schell: Mystery Quilt
- Mary Elizabeth Kinch: Four Play Fun, String Piecing, Small Quilts
- Small Pieces, Pumpkin Peel
- Mickey Depre: Half Scrap Quilts, Pieced Hexies Buffet, Happy Quilt

Improvisational Piecing
- Becky Goldsmith: Improvisational Piecing
- Pam Goecke Dinndorf: Ka-Pow

Paper Piecing
- Pam Goecke Dinndorf: Frond

Professional and Practical Useful Sewing
- Annie Unrein: Make a Backpack, Yoga Bag, Sewing Project Bag, Travel Essentials, Tote and Project Bag

Digitizing
- Kari Schell: Introduction to Art and Stitch

Portraits and Collage
- Barbara Yates Beasley: Animal Portraits
- Laura Heine: Fabric Collage
- Lola Jenkins: Portraits, Portrait Collage, Thread Art

Landscape Artistry
- Bonnie Langenfeld: Landscape Stitch Sampler, Beginning Landscape, Olde World Window

Fabric Dyeing
- Cindy Lohbeck: Snow and Ice Dyeing, 24 Step Color Gradation, Arashi Shibori, Itajime Shibori

Quilting on a Domestic Machine
- Lori Kennedy: Sailboat Sampler, Border Sampler, Background Fills Sampler, Thread Sampler
- Gudrun Erla: Mastering Quilt as You Go

Quilting on a Longarm
- Karen McTavish

Professional Academy
- Kate Eelkema: Introduction to Quilt Judging Seminar

Quilters Mind/Body Connection
- Michelle Cartier: Yoga

There will also be lectures and book signings.

2017 Quilt Show & Conference DIAMOND Sponsor!

At the Heart of Quilting
304 4th Ave NE, No. 2
Waite Park, MN 56387
320-259-7774
www.heartofquilting.com
Small Quilt Auction

The SQA is a great way for MQ members to donate to MQ and have some fun and be creative at the same time. Wall hangings, table toppers, bags, doll quilts, small baby quilts, etc. can be a way of being creative and using some of your stash at the same time. We look forward to seeing your projects either placed on the wall to be bid on or for the BiN (Buy It Now). Thank you for your contribution! Carrie D’Andrea and Karen Ohlson, Co-chairs

Non Judged Quilts

Make 2017 the year you enter a quilt or wall hanging into the non-judged category of our quilt show in Duluth. It’s fun and easy. Use your show registration book or go to mnquilt.org/mq2017 and click on “quilt entries”, then click “non-judged quilts”. Scroll down to “Entry forms” and select the form you prefer. The choice is yours whether it is the form you fill out online or use the printable form to send in the mail. Your quilt need not be finished when you snap the photo to attach with the entry. Enter early and up to two times!

If anyone is interested in working with the non-judged committee in the future, we would like to encourage you to join our team now to become familiar with the process of receiving the quilt entries to hanging and taking down the show.

We are happy to answer your questions. Email us at: nonjudged2017@mnquilt.org
Adrianne Lemberg and Merle Pratt, non-judged co-chairs

Yoga at the Quilt Show

Michelle Cartier, Yoga Practitioner

This year we are offering something new to our show attendees—a yoga class designed for quilters. All those hours spent at the sewing machine can cause wear and tear on the body. Join Michelle to learn meditative techniques and gentle postures to strengthen the body and relieve the strain.

Check out the new show merchandise displayed at each meeting! Louise Summers, Wynn Martin and Lynette Disrud are showing some of the colorful shirts, vests and fleece jackets for sale.

Minnesota’s Quilter’s 2017 Charter Member Scholarship Recipient Heidi Hansen

Minnesota Quilters is pleased to announce that Heidi Hansen of St. Paul has been selected as the 2017 recipient of the scholarship for a beginning quilter. Heidi entered her quilting journey in a bit of an unusual way. While browsing online she kept seeing one quilt that she wanted. Turns out it was a block of the week paper piecing project. She dove right in, eagerly awaiting the new block pattern to be revealed each Wednesday, and she completed the quilt top. Heidi was hooked. Next, she gathered family and friends to join her in a block of the month group at a local store. A new family hobby has begun!

We thank Heidi for sharing her quilt story with us and wish her well with her new quilting endeavor. She’s looking forward to the many opportunities to advance her quilting during the 2017 Quilt Show and Conference in Duluth. If opportunity knocks, please be sure to introduce yourself to Heidi and welcome her to Minnesota Quilters.
Quilt Exhibition at the Minneapolis Institute of Art

*Cut from the Same Cloth: American Quilts at MIA*

**Exhibition Dates:** August 20, 2016 - March 19, 2017

Enjoy a rare opportunity to see 14 American quilts from MIA’s collection, dating from the mid-1800s to the mid-1900s. See appliquéd, pieced, and embroidered quilts in a dramatic, ceiling-supported display in MIA’s grand Regis Fountain Court. Highlights include a Baltimore album quilt, bold and graphic Amish quilts, and a historic quilt top made with souvenir squares from the 1901 Pan American Expo at Buffalo, New York. Some of these intricately crafted textiles have never been displayed before. Makers and admirers of quilts, this exhibition is for you.

For more information go to:

In conjunction with this exhibit, there will be a lecture by Barbara Brackman on February 2. Details available at: http://new.artsmia.org/event/barbara-brackman-cut-from-the-same-cloth-dry-goods-quilt-design/

**Denyse Schmidt - the “mother of modern quilting”**

Thursday, March 30, 2017 6 to 9 at the Textile Center

In 1996, she designed and made a series of quilts, which she displayed at an interior design event. She described them as “modern quilts.” That was the first time those words were used to describe a quilt. Since then, she has written patterns, published books, designed fabric, lectured, etc. She was the keynote speaker at the first Modern Quilt Guild Quilt convention.

Denyse’s second book is titled *Modern Quilts: Traditional Inspiration. 20 New Designs With Historic Roots,* - a perfect description of her quilts and fabrics that use traditional designs with a modern interpretation.

Denyse will be coming to Minnesota on March 30, 2017. MN Contemporary Quilters is sponsoring a reception on 6 pm followed by a lecture and showing of some of her quilts at 7. Her two books will be available for purchase and signing.

Tickets are $20 before the event, and $25 at the door. Tickets are now available on Eventbrite. Google “Eventbrite.” When you reach the Eventbrite website, type in the search area, “Denyse Schmidt lecture.”


February MQ Survey

**Please review and respond if interested.**

It is the New Year and MQ is thinking about trying some new things. One of those ideas is to start an open weekly quilting group called Tips and Techniques. People could attend as they are able but we would work on sharing tips for doing quilt making from start to finish, including drafting patterns, resizing patterns, template cutting, fast speed cutting, talking about color, threading needles to hand piece, machine piecing, hand quilting, and machine quilting. Anyone attending would bring their own work or what they want to learn and be willing to share their own techniques with others. The primary function of the group would be *friendship!* No quilt police allowed. No guilt allowed….just fun sharing the joy of quilting. Kids welcome with an adult.

If interested, please complete the attached survey and send to Martha Eaves [address in our membership list] or email pdf to eavesm@visi.com. Thanks for responding:

Would you be interested in a weekly group for sharing? If yes, go on. If no, stop.

What time of day would work best for you? What day of the week, including Sat. or Sun. afternoon? [thought is group would meet 2-3 hours]

1st choice__________________________________

2nd choice__________________________________

3rd choice__________________________________

Would meeting at Recovery Church (probably daytime) work for you? ________________ yes or no

Would meeting at another common space in St. Paul work for you better? (Some options: Library, crafts room in your living space, other)

Suggest one:________________________________

P.S. If I convene a meeting, group could decide what they wanted to do.

MQ Event Cancellation Policy

In case of inclement weather or another situation that may cause cancellation of an MQ monthly meeting or sponsored event, the following will occur:

~ A posting will be made on the MQ website and on Facebook.
~ A recorded message will be on the MQ office telephone.
~ An email blast will be sent to all members.
~ Time-permitting, KSTP TV and WCCO TV and radio stations will we contacted.
~ If a cancellation is pending, the MQ website will indicate at what time a decision will be made/posted.

Bulletin Board

**February 4-5, 9 am-4 pm, Plum Creek Quilters Winter Quilt Show at Sargent’s Nursery,** Red Wing, MN. Pieced and appliquéd quilts, quilts alongs, rummage sale, challenge, vendors, door prizes.

**February 16 - March 26, The Truly Unruly Fiber Art Show,** North Gallery at Landmark Center. MQ members Peg Lindberg and Nancy Birger will be featured. Opening reception– February 16, 5-7pm. Landmark Center, 75 West 5th Street, St. Paul. Parking is available on street and in nearby Lawson, Science Museum and RiverCenter ramps. For more information call 651-292-3225.

**Saturday, March 18, Quilt Dreamers 24th Annual Bag Lady Quilt Show,** noon– 4 pm, Galaxie Library, Apple Valley, 14955 Galaxie Ave (just east of Cedar on County Road 42). For almost 25 years, the Quilt Dreamers Guild, based in Apple Valley, has met monthly to create quilts for kids in crisis situations. Hundreds of quilts are donated annually to community organizations. The annual show includes a display of donation quilts as well as member quilts. There is also a silent auction; money collected via the auction funds batting and fabric purchases for the quilts that are donated. The show is FREE!
Pinwheel Bars
Block of the Month - March 2017 (botm@mnquilt.org)
10” unfinished

Jan Shaffer, Blue Earth Block Swapper, made this block in lilac, based on a block in Heather Mulder Peterson's book: On the Run Again. If you are re-creating the raffle quilt, you may want to add a thicker outer border to get to the 10 ½” block size.

**Fabrics and cutting:**
Deep purple (for center):
A (1) 2" x 2"
Medium purple:
B (4) 2" x 4"
C (2) 1-1/2" x 8"
D (2) 1-1/2" x 10"
Pale purple or white:
E (4) 1" x 4"
F (2) 1-1/2" x 6"
G (2) 1-1/2" x 8"

**Instructions:**
1) Sew 1 E on the right side of 1 B. Repeat with remaining B+E pieces. Press light fabric toward dark and trim to 4" x 2 ½".

2) ***See note below on partial seams and step by step diagram above! Place A on BE, but instead of sewing down completely, stop stitching about halfway down A (about 1”). Leave the end of A (2" x 2" square) loose. BE will be a bit longer than A at this point. Press seam toward dark.

3) Take another BE piece. You’ll see it’s the same length as the AEB piece you just made. Sew BE to AEB. Press seam toward dark. Repeat with the remaining BE pieces.

4) After you’ve added the 4th BE piece, carefully position (and pin) the end of the last open BE piece. Sew it to close up the opening that you left free in step 1. Press square making sure that all light fabrics are pressed against dark fabrics. Trim to 6" square.

5) For the inner (light) border: To the top and bottom of this 6" square, add F. Press toward the dark. Add G to the sides of the square. Press toward the dark and trim to 8" square.

6) For the outer (medium) border: To the top and bottom of this 8" square, add C. Press toward the dark. Then add D to the sides of the square. Press all seams to the dark. Square up your block to 10".

*** If you’d like to see a tutorial on how to make partial seams, see www.freshlemonsquilts.com/partial-seams-tutorial/ or google partial seams and choose a site of your liking. Jeanne likes the 2:30 video at www.youtube.com/watch?v=yNcPMH0rzHw.

**BOM GUIDELINES:** Each person may enter up to three blocks each month. Please include your name on your block(s). Make it simple: stick your mailing label on the back of each block. If you have any scraps left over, consider including them with your block (pinned to the block or in an attached baggie) for the winner to use in a border or for other finishing touches. If you cannot bring the blocks to the Thursday evening or Saturday morning meeting, you may mail them to the MQ office. Please allow adequate time for them to arrive before the drawings. Address: Block of the Month, Minnesota Quilters, Inc, 253 State Street, St. Paul MN 55107. We’ll have a drawing at both the Thursday night and Saturday meeting if we have enough blocks. If we get only a few on Thursday night, we’ll do one drawing on Saturday. You need not be present to win. We'll call to notify winners. Blocks can be mailed to the winner or picked up at the MQ office or at the next meeting.

**Gold Sponsors of Minnesota Quilters:**

Berner–Kelly J’s Quilt Shop
6140 Jean Duluth Rd, Duluth MN 55803
218-724-8781  www.kellyjssewingcenter.com

Gruber’s Quilt Shop
310 4th Ave NE
Waite Park MN 56387
320-259-4360  www.grubersquiltshop.com

Martelli Enterprises
5450 N W St
Pensacola FL 32505
850-433-2771  www.martellinotions.com

HandiQuilter–A-1 Sew Craft
12454 Champlin Dr, Champlin MN 55316
763-421-5100  www.a1sewcraft.com
Picking Up the Pieces

Laura Nagel © 2017

The M&Ms of Quilting

M&Ms, also known as Quilter's Vitamins, are an essential quilter's tool. I ask you, "Where would we be without these little colored bits of chocolate energy?" As the old commercial goes, "M&Ms melt in your mouth, not in your hand," making them the perfect treat to indulge in at the sewing machine or cutting table without fear of leaving a telltale trace of chocolate on our fabric. While candy M&Ms may temporarily satisfy our sweet tooth and keep that machine humming for another half-an-hour, the essential M&Ms for a quilter are Motivation and Momentum.

Motivation is that spark of enthusiasm that gets us excited about beginning a new project, taking a class, or signing up for a retreat. Sometimes motivation comes in the form of a new line of fabric, a challenging pattern, or seeing a friend's quilt that we just have to make. When we are sufficiently motivated, we also experience a sense of satisfaction and pride as we work towards our envisioned goal. But you and I both know how easily we might become distracted. So how does one stay in this motivation-inspired quilting zone?

That's where the second M comes into play. Motivation may get us started, but it's Momentum that keeps us going! At my recent quilt group meeting, one of our members shared a knitter's blog post that exactly described the phenomenon of momentum. Oddly enough it has its basis in physics, of all things, a class I tried to take twice in high school, but dropped both times. According to Newton's First Law, "An object in motion stays in motion, and an object at rest stays at rest." The second part of this law perfectly explains my bins of UFOs, and why it is always more fun to start a new project, than try to resurrect a stagnant stack of fabrics and figure out where I left off the last time I worked with them.

But how can we keep that momentum going? Here are a few things to try. Always have a picture of the finished project, be it a pattern cover, your own design, or a saved image on Pinterest - something visual to keep you focused on your goal. Spend enough time working on your project so you can see some actual progress, like cutting all the pieces from one of the fabrics, making a certain percentage of one of the units (25 half-square triangles), or completing a block. Don't let trouble stop you, solve the problem before you put it away, and it will be easier to return to. And best of all, quilt with friends. There is a contagious amount of energy in a group of quilters that makes it easier - and more fun - to keep going - not to mention the encouraging exchanges and compliments along the way. Even when you don't have time to sit down and sew, try to do one thing every day that will keep you moving toward completing your goal, whether it's putting rulers away, washing new fabrics, or making a double batch of spaghetti sauce so you don't have to make dinner one night next week.

If you didn't already make a resolution for the New Year, it's not to late to start.
January Show and Tell (cont.)

You may need to find answers in old newsletters!
http://www.mnquilt.org/newsletter/index.html

Across Clues:
1 Applique pattern often using black bias tape
2 _____ Creations, a Mpls. Quilt shop
3 Farmer's _____ (pattern name)
4 ______ McCormick Snyder, a quilt designer who will be at our '82 Medallion Show
5 A St Paul Quilt shop
6 MQ maker of "Father Hennepin Quilt"; also teacher of soft sculpture
7 Star Pattern
8 Double ____ (pattern name)
9 Q is for ____
10 Quilting Design that features single, double and triple chains
11 "Continuous _____ Quilting" a quilt book.
12 MQ member whose specialty is batik quilts
13 Liquid product that cleans and freshens our quilts.
14 ___ All Around (pattern name)
15 Quilter's ____; new tool for adding seam allowances to our patterns
16 Theme for our 1982 MQ Quilt show
17 A company that produces quilt batting.
18 MQ member who is writing about the history of our group.
19 A quilt shop in St. Paul; also a myriad of moving brilliant colors
20 Quilting tool that we stretch our fabric over before quilting.
21 MQ our favorite quilt publication.
22 _____ Tippacanoe (pattern name)
23 _____ Tree (pattern name).
24 "_____ Was a Woman", a quilt book.
25 _____ quilting; a one-step process.
26 Theme for last years MQ Quilt Show.
27 A tipsy fellow's wanderings.
28 Popular new quilt products made by these S.E. Asian women
29 Double ____ (pattern name)
30 MQ gram: short lesson on quilting (used by MQ Evening Division).
31 Used to protect our busy fingers from getting pricked.
32 Road to Texas (pattern name).
33 MQ co-ordinator of MQ's evening division.
34 Threads woven tightly form our ____.
35 MQ author who writes about "how much to charge for a quilt";
36 Double ____ (pattern name)
37 Brick ____ (pattern name).
38 A saying: "Entering Quilt Country – Beware of ____”
39 Pin ____ (pattern name).
40 Dixie _____, author of "Crazy Quilting with a Difference".
41 Grandmother's _____ (pattern name).
42 _____ Knot (pattern name).
43 Fabric strips between blocks.
44 White and fluffy; gives warmth and dimension to our quilts.
45 Product for strengthening thread for quilting.
46 Author of "Quilter's Album of Blocks and Borders".
47 Birds-in-the-____ (pattern name).
48 Birds-____ (pattern name).
49 Brick ____ (pattern name).
50 Official color of the MQ vest.
51 A saying: "Quilters Make ____ Lovers".
52 _____ and Shadows (pattern name).
53 _______ and Kretsinger: authors of "Romance of the Patchwork Quilt".
54 Neck ____ (pattern name).
55 ___________ author of "Fabric Album of Blocks and Borders".
56 Quilting Design that features single, double and triple chains
57 Quilt for our 1982 MQ Quilt show
58 _____ and Shadows (pattern name).
59 Threading our quilting thread onto this item.
60 _____ and Shadows (pattern name).
61 Quilting Design that features single, double and triple chains
62 Pattern that could be found at the beach.
63 China for an old fashion doll.
64 _____ Star (pattern name).
65 _____ and Shadows (pattern name).
66 "Continuous _____ Quilting" a quilt book.
67 MQ member who specializes in teaching "COLOR" - Norma ____.
68 _____ Tracks (pattern name).
69 _____ Leaf (pattern name).
70 _____ Star (pattern name).
71 A metal sewing aid.
72 Friendship ____ (pattern name).
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106 Friendship ____ (pattern name).

Down Clues:
1 MN quilt sweepstakes winner at the 1981 Minn. State Fair:
2 Sewing one fabric to another by turning under 1/16-1/8" with very fine stitches.
3 World without ____ (pattern name).
4 Editor of MQ Newsletter.
5 Elizabeth____, a quilting teacher and designer residing in Hawaii.
6 _____ Ladder (pattern name).
7 Crazy ____ (pattern name).
8 ____ Trick (pattern name).
9 ____ Bradford – President of MQ.
10 ____ Star (pattern name).
11 A saying: "Quilters Make ____ Lovers".
12 ____ Leaf (pattern name).
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For a printable form from our website go to: [http://www.mnquilt.org/documents/PaperMembershipForm.pdf](http://www.mnquilt.org/documents/PaperMembershipForm.pdf)

### Minnesota Quilters, Inc. Membership Form

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**Membership Levels:** (all include free entry into general membership meetings)

- **$40 Regular** Access to all website features. Receive newsletter. Early registration for annual show. Textile Center Library privileges.

| Name on credit card (please print): |
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I would like my newsletter: (check one)  
[ ] Emailed to me in full color  or  [ ] Mailed to me in black and white

Please mail your completed form and payment to: Minnesota Quilters, Inc. 253 State Street, St. Paul, MN 55107 For questions call 651-224-3572

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