Minnesota Quilters Meetings
Thursday, January 3, 7 pm
Saturday, January 5, 10 am

Minnesota Quilters Show Preview

The 2019 Minnesota Quilters Annual Show and Conference is getting closer every day. We will have classes offered by some of the best quilt artists in the country. Have you taken classes from them somewhere? Do you have a completed project you could share during Show and Tell at the January meetings? Check out the list on page 8 of this newsletter to see who is teaching and which wonderful classes they will offer. Your project could help someone decide they need to register for a class at the show.

Our January meetings showcase the classes, lectures and special events at the upcoming MQ show to be held in June in Rochester. Planning the show is well underway by Show Director Valerie Mendoza and the committee volunteers listed on page 8 in this issue. Contact them if you have questions or wish to volunteer.

Bring your registration book to the meetings to mark classes you’d like to take and lectures you want to attend. Viewing the class samples will help you decide.

The 2019 show merchandise will be available for sale at both January meetings. Check out the new knit vest, zippered sweatshirt jacket, poplin button-down shirt, and the long-sleeved t-shirts.

Be sure you note the entry deadlines for the Judged, Non-Judged, and Challenge exhibits. Enter one or more quilts, take some classes and enjoy the show with quilters from around the area.

Online registration begins January 15th for MQ members and February 1 for non-members. Register early to reserve your place in the classes you want.

We’re going to have a great time at the January meetings.

February Meetings Preview

Sharyn Resvick will present her two-part lecture “Threads of Time” in February. On Thursday evening she will share her quilts reproducing quilts from the early 1800s to the 1930s including Amish and Hawaiian quilts. On Saturday she will continue with utilitarian quilts of the 1940s up to today’s modern quilts.

On Friday, February 8, she will present a six-hour workshop sharing her skills and knowledge. Attendees will make a 24” by 24” Rose of Sharon quilt. Machine appliquéd will save considerable time and give a nice look resembling traditional hand appliqué. At the September schoolhouse meetings she gave us a small taste of her wonderful invisible machine appliqué.

We have planned a Spring Retreat at Millie P’s retreat center in Anoka for February 28 to March 2, and we will have a Spring Getaway at Lake Wapo March 24-27. Check your e-mail for registration sometime in January.

Minnesota Quilters Vision Statement

Minnesota Quilters will be a state-wide leader in providing creative quilting education, activities, and mentoring through a welcoming multi-generational community of quilters with various skills and abilities. Adopted by Minnesota Quilters at the February 2018 board meeting.
President’s Greeting

Elise Frederick, president@mnquilt.org

Welcome to the 2019 New Year! The gray days of December are behind us, we’ve enjoyed the company of family and friends this holiday season, and now it is time to get down to the business of this year’s quilting resolutions. Come to the January meeting to learn more about classes at this year’s show in Rochester. Pick your classes, book your hotel; there is still time left to sit down and sew.

I’ve looked through my UFOs and fabric stash to see what must go – those items destined for charity or to be finished and entered in the show. My fabric, thread, and book storage spaces have no room to grow. Like many of you, I’ll spend many cold, January days accompanied by the hum of the sewing machine and the hiss of the iron’s steam as I quilt and sew.

Minnesota Quilters 2019 President’s Challenge – Creativity on Edge

Your challenge for the annual show next June is to be creative in finishing the edges of a baby size quilt (approximately 36” x 36” up to 45” x 45”). Quilts will be donated an organization serving families in need.

Choose colors and shapes that will entice the baby to reach for or crawl off the edge. Will it be a race between the baby and your critter motif, won by the first to crawl partially off the quilt’s edge? The edge-finish technique is yours to choose: binding, envelope or facing. If you are running out of time, why hand-stitch when you can finish the binding with a decorative stitch? Embellish the binding with piping, prairie points, or rickrack. Will the quilt edges be straight lines, scallops, zig-zags, prairie points, or curves?

To enter a quilt, bring it to an MQ meeting or to the show in June. All quilts will receive Minnesota Quilters identification labels before they are donated.

Quilt Show Signage Volunteer Needed

Lou Roos, Jill Schultz
mq2019@mnquilt.org

Due to a scheduling conflict, our Signage Co-Chair had to drop off the committee. Please let us know if you would like to be the co-chair or one of two co-chairs for this committee. This position is easier than in the past because the gallery cards for each quilt will be done by someone else, and most classrooms will be marked by digital signs at the Mayo Civic Center. We’d love to have you jump on board the show committee.
Quilter of the Year

Minnesota Quilters is pleased to announce Heather Mulder Peterson of Anka's Treasures has been selected as the Quilter of the Year for 2019. She and her quilts will be featured at the MQ Show in Rochester.

Heather writes:

I began quilting as a freshman in college and found myself immediately addicted. Quilting soon became my career focus, and I officially started my business in 1996 while a sophomore in college. I initially did custom machine quilting and published a few patterns. Once I graduated, I began designing full time, doing books, patterns and fabric, along with lecturing and teaching.

Since then I have published 30 books, numerous single patterns, 20 fabric collections, along with being published in several quilting magazines. The designs in my books and patterns are geared to the average busy quilter and combine trendy colors with traditional and modern influences. The designs often incorporate innovative ways to easily achieve complicated-looking designs.

My business is named after my Great Grandma, Anka Petersen. She was an inspirational person to me for many reasons. First of all, she got my Mom sewing, who in turn got me sewing. She was 98 when she died, almost blind, living by herself, in good health and so sharp mentally. I can't remember what I did yesterday, yet she could rattle off telephone numbers from when she was a telephone operator in the 1930’s. I wish I could have inherited her memory! Instead I inherited her love of working with her hands. We both loved to be busy, sewing, knitting, gardening, crafting, reading, cooking, etc. Not only cherished her for all these reasons, but also for her great outlook on life. She had lived through so many hardships, yet she remained a woman of great faith and encouragement.

I live near Spicer, Minnesota, where I have a studio above our garage. My husband Joel and I have two young sons, Carter and Maxwell, who take up most of our time. Our home is on a lake so we love summer and spending time on the water. We also enjoy biking, playing pickleball and doing house projects. In the winter we enjoy reading and watching the Minnesota Timberwolves. My other hobbies include knitting and handwork.

You can find more about me at www.ankastreasures.com and www.ankastreasures.wordpress.com. My online store is www.ankastreasures.bigcartel.com and Instagram is @ankastreasures.

Nominating Committee

We're looking for members willing to reach out and help recruit potential Minnesota Quilters board candidates for the 2019-2020 fiscal year. None of us knows every MQ member, but as a group we know most members. It would be nice to have a cross-section of MQ members working to solicit future board candidates. This volunteer position lasts only a few months – from now through June.

The nominating committee is composed of five to nine members from the general membership, the past president, and a former board member. The committee is responsible for filling the slate of MQ board candidates each year. Committee duties include publicizing the positions to be filled, preparing a list of potential candidates, contacting those members regarding their interest in serving MQ on the Board, and providing them with appropriate job descriptions.

The slate of proposed candidates will be presented at the April MQ regular membership meetings. The slate is then finalized, and candidate names and their bios shall be included in the May newsletter. The election is held at the annual meeting during the show in June.

Please help if you can. Contact pastpres@mnquilt.org or visit SignUpGenius in the volunteer corner of our website to join this committee. We already have one volunteer so don’t wait. Contact us now.

Outstanding Volunteer Nominations

We are requesting nominations for outstanding MQ volunteer. Please send your nomination, along with an explanation of why you believe your nominee deserves this special recognition. Submit it to board@mnquilt.org.

All submissions that are received prior to the March board meeting will be considered. If an outstanding volunteer is selected by the board, the recipient will be announced at the April Volunteer Appreciation breakfast.

Elise Frederick, pres@mnquilt.org

Mary Tague, membership@mnquilt.org
2019 Quilt Show Registration
Jan Schmidt, Char Hansen, Registration Committee

When registering for the show, you will find that a registration fee is included for both members and non-members. This fee helps pay for the venue facilities as well as giving you a three-day pass into the show, a show bag and a show pin. The registration fee also allows you to register for the banquet, to be assured of a challenge packet and lecture pass if you chose to purchase them, and to pre-order lunch boxes if you choose. Registering for the show even if you do not sign up for anything else supports Minnesota Quilters in putting on a wonderful show. Give your support to Minnesota Quilters – register and attend the show. The e-mail invitation to register for the show will be sent in January.

Judged Exhibit
Mary Nelson and Karen Kooda, Judged Co-Chairs, judged@mnquilt.org

Welcome to the Judged portion of the Minnesota Quilters, Inc. 2019 Quilt Show. This year each entrant may enter two quilts if they are in different categories. Registering for all entries will be done online. There is no entry form in the registration book. MQ is joining their ranks of most national quilt shows that use only online entries. If you are unable to complete your entry online, ask for help at quiltentryhelp@mnquilt.org.

Quilt entries may be dropped off at the MQ office the last week in May, but due to insurance costs, entries will not be accepted at the May membership meetings. An alternative is to ship your quilt to arrive at the MQ office during the dates listed in the registration book.

We will need volunteers in order for intake, judging, hanging and takedown of the Judged exhibit of the show. A benefit of volunteering is being able to have a firsthand look at all the beautiful quilts in the exhibit.

There is a hanging sleeve requirements for quilts. To prevent damage to the bottom edge of long quilts and to ensure that quilts will not touch the floor, we are requiring a hanging sleeve attached to the back. The top edge of the sleeve must be a maximum of 88 inches above the bottom of the quilt.

If you have any questions about entering the Judged portion of the MQ Show, please contact us at judged@mnquilt.org.

Non-Judged Exhibit
Jill Brandt, Nonjudged@mnquilt.org

Debunking Those “Why You Didn’t Enter a Quilt Show” Excuses

Do you have great intentions of entering a quilt in the Minnesota Quilt Show every year, but you have a dozen reasons why it didn’t happen? Here are some rebuttals to your potential excuses.

• You don’t have fabric. Said no quilter ever! We all have a fabric stash or leftovers from previous projects, or else it’s time to supplement from your favorite quilt shop, online fabric site or pick up some free fabric at the monthly MQ meeting giveaway table. New or sufficiently aged fabrics all work for quilt entries, and what a great feeling you’ll have using up some of that collection.

• You’re fresh out of project ideas. Quilt patterns, magazines or books, or an online Pinterest quilt search will provide you with more inspiration than you would have time to make in ten quilt lifetimes. Mix up those design ideas by imagining other colors or borders to make something uniquely yours. Perhaps you can finally make a quilt for your own bed or be a project ahead for gifting.

• You don’t have the time. What’s your biggest time-waster…watching TV, checking the computer or excessive cleaning? Just seeing if you are paying attention with that last one. Analyze where your time is going and reclaim it. Multi-task by listening to your TV program in the background while you sew. Discipline yourself to only check your email or FB after you have first sewn for a certain block of time. Maybe sew for a half hour at the start of your day while you enjoy your first cup of coffee. Is cooking your time suck? Freeze ahead a double entree, order in, or get your partner to cook on alternate days to gain chunks of sewing time. Who will know if you let little things like dusting slide for an extra week? If you absolutely lack the time to make a larger quilt, then enter a quilt that you finished in the past two years or downsize your project to a wall hanging or table runner. Put quilting at the top of your to-do list instead of the bottom to make it happen. We make time for what we really want to do, right?

• You have too many projects already in progress. Well lucky you, you have a head start to entering the show. Entries in the Non-Judged Exhibit can be class projects, kits, any pattern or quilt project that you’ve finished after January 1, 2017. So all you have to do is finish one or two—you’re already halfway there.

• You’re embarrassed because your quilts aren’t good enough. What? Do all your quilts hide in the closet because they are so bad? Doubtful, but if you are feeling insecure, make an easier quilt pattern or take a beginner quilting class offered at a quilt shop to build your skills and gain confidence. We are our own worst critics, so overcome your fears. Prize-winning quilters had first quilts that probably weren’t that great, but that was their start to future exhibiting.

Continued on next page
• Your quilting is fine, but you don't want it critiqued by judges. Maybe you haven't heard that Non-Judged quilts aren't judged. However, they can win the $250 Viewer's Choice or other Special Awards, so enter away.
• Your cat got your quilt or a similar disaster. This variation of “my dog ate my homework” actually happened to me. Yes, my cat jumped on my quilt frame and ripped a three-corner tear in the top. No, no, bad cat! He now rests in peace. After a few tears and seam ripping, the fabric was replaced with no one being the wiser. Perhaps your disaster is a machine breakdown or running out of matching fabric or thread. Murphy's Law is real, and things beyond your control can go wrong at the worst time, so be prepared to be flexible and go with Plan B. Allow extra time for issues, or just accept imperfections that aren’t noticeable from across the room.
• You missed the entry deadline. Here's the date to put on your calendar right now: April 17, 2019. It's helpful to set mini goals ahead of this deadline, such as blocks done by January, top with borders by February, etc.

This year, cut out the bad excuses. Just go for it. Plan your quilt entries today, start sewing tomorrow. We'll look forward to seeing your quilts in the Non-Judged Exhibit at the 2019 Minnesota Quilters Quilt Show & Conference.

Small Quilt Auction
Ann Brenke and Linda Lundin, smallquiltauction@mnquilt.org

If your New Year’s resolution includes cleaning and organizing the sewing room, don't put those Christmas reds away too deep. We would like you to include making a small quilt for the auction in June as part of your to-do list. It can be any design, traditional or modern. There will be ribbons and rewards for the ones most well done. So, get started – your stash is handy and it’s calling your name.

Quilt Show Sponsors

Our sponsors are vitally important to the success of the MQ shows. Below are the Diamond and Gold sponsors who have signed on so far. Silver sponsors are listed on page 12. Thank them all when you visit their booths and shop. Look for additional sponsors to be shown in the coming months.

~Diamond Sponsor~
APQS
23398 Hwy 30 E Suite F
Carroll, IA  50325-8500
800.426.7233
www.apqs.com

~Gold Sponsor~
Country Loft Quilt & Design—Innova
651-464-6260
1561 Feller St NE
Forest Lake, MN 55025
www.countryloftquilt.com

Bulletin Board

February 19—March 15, Dakota County Stars Quilters’ 24th annual quilt show, Wednesday and Friday 9 am to 5 pm, Thursday 9 am to 8 pm, Saturday 10 am to 3 pm. Dakota County Historical Society Museum, 130 3rd Avenue North, South St. Paul, Minnesota. Lecture with trunk show by Mike Ellingsen on Tuesday, February 19, at 1 pm and 7 pm;$8 fee includes entrance to show. About 100 quilts, guild boutique in the museum’s gift shop, small quilt silent auction, fabric, patterns, books, gift items. Contact the museum at 651-552-7548 for tickets.

October 12—13, 2019, Mixed Sampler Quilt Guild’s 32nd Annual Quilt Show & Exhibit, 10 am to 4 pm. Webster High School, 7564 W Alder Street, Webster, Wisconsin. Admission $5 (under 12 free) About 200 quilts, vendors, boutique, demonstrations, special exhibit, quilt appraisals by Bev Proulx, on-site café. The guild meets the second Saturday of most months at Siren Community Center, Highways 35 and 70. To join contact mixedsampler@gmail.com.

Ebenezer Senior Living would like a quilter or group of quilters to make Dignity Quilts for their facilities. A Dignity Quilt covers a resident’s body when he or she has passed and is being removed from the location. It provides dignity or honor to the person rather than being covered only by a body bag. The quilts would be approximately 60" x 90". The number of quilts needed, time frame, reimbursement of costs, etc. are negotiable. If you have questions or are interested in this quilitmaking opportunity, please contact Carol Jacobson at 952-435-6674. Thank you.
Minnesota Quilters presented 34 baby quilts to Minnesota Visiting Nurses Association on November 27. The nurses use the quilts for tummy time during home visits. Thank you, quilters, for the wonderful quilts.

Pictured at right are MVA nurses Katie Sprague and Anna Mueller.

MQ delivered ten twin quilts to Tubman on November 27. Pictured at left are Tubman staff members Nazara Matos and Emily Truscott. Thank you, quilters, for your continued support in making quilts that are donated to Tubman.

These stockings and placemats and more were brought to the Holiday Brunch.

Upcoming QFO sew days are January 4 at Recovery Church and January 21 at Millie P’s in Anoka. All sew days are scheduled from 9 am to 3 pm. We need sewers, pressers and cutters. All are welcome. Use SignupGenius to let us know that you are coming.
Our annual Holiday Brunch at Edinburgh Golf Course was a rousing success with nearly 160 attendees. Many placemats were received as donations to Meals on Wheels, and 200 colorful stockings will be donated to St. Joseph’s Home for Children. Many thanks to our generous quilters! Emily Truscott from Tubman spoke about the many things Tubman does to help disadvantaged women. MQ presented her with two Heartstring Quilts for their mission of helping women establish households after leaving the shelter.

We reviewed and voted on the Challenge quilts, which all cleverly contained the quilter’s favorite holiday and a wrapped present. First prize winner was Karen Knoll, Ellie Bloomquist won second, and third went to Linda Huntzicker. Congratulations.

Many thanks to Charlette Pittman, Barb Baran, Carrie D’Andrea, Karen Ohlsen, Sharon Lawrence and Carolyn Davidson for their hard work in putting together our Holiday Brunch.
2019 MQ Show Committee Chairs

Show Director: Valerie Mendoza
Show Co-coordinators: Lou Roos, Jill Schultz
Show Secretary: Kathie Simon Frank
Admissions: Joanne Kirby, Sherie Falink
Banquet: Jeanne LaMoore, Wynn Martin
Bus Tours: Leslie Hall, Margaret Lundberg
2020 Challenge: Annemarie Yohnk, Deb Burkh
2019 Challenge: Jude Edling, Gloria Bahr
Local Events: Rosie Campbell, Sherry Whalen
Door Prizes: Linda Huntzicker, Sharon Peterson
Faculty: Cheryl Plourde
Judged Quilts: Mary Nelson, Karen Kooda
Quilt Exhibit Logistics: Sue Rutford
Merchandise: Mary Wellman, Pat Basch
Non-Judged Quilts: Judy Frandson, Jill Brandt
Photography: Peggy Stockwell, Elise Fredrickson

PowerPoint: Debra Svedberg
Printing: Karen Knoll, Janet Watt
Registration: Char Hansen, Jan Schmidt
Signage:
Small Quilt Auction: Ann Brenke, Linda Lundin
Special Exhibits: Deb Kjelland, Sue Chad
Vendors: Rodell Benjamin, RoxAnn Strand
Volunteers: Pam Geerdes, Merle Pratt
Website: Linda Wines, Pat Curtner
Youth Quilts: Linda Logsdon, Paulette Marini

MQ President: Elise Frederick
MQ Presidents Elect: Karen Kopitzke, Linda Wines
Treasurer: Vicci Mattsfield
Bookkeeper: Renae Shields

Faculty Preview

This summary of our faculty and lecturers includes only faculty with whom we have signed contracts as of November 12. Any faculty for whom the contract negotiation and signatures have not been completed are excluded.

**Applique**

Suzy Webster - Combining Painting and Applique

**Art**

Barbara Beasley - Animal Portrait

**Beading**

Nancy Eha - Beaded Text Messages, Organic Beading for Art Quilters

**Domestic Machine Quilting**

Suzy Webster - Free Motion Quilting, Free Motion Filler Pizzazz

**Improvisational**

Carole Lyles Shaw - Parisian Curves Quilt #1, Fibonacci Quilt #1, Fractured Disappearing 9-Patch Quilt, Mid-Century Mod Curve Quilt #1

**Hand Quilting**

Diane Pitchford – Hand Quilting

**Long-arm Quilting**

Page Johnson - Starting off Square and Keeping Straight with a Frame Quilting System, Design Dilemma (How Should I Quilt This?), Easy Textures and Background Fills, Vines and Leaves, Continuous Curve Quilting

**Modern**

Gudrun Erla - Stripology 2, Nordical/Lopapeysa, Lupine/Aurora, Quilting as You Go

**Paper Piecing**

Suzy Webster - Modern Beginning Paper Piecing

**Piecing**

Bonnie Hunter - Tentative Classes: Pfeffernusse, Talking Turkey, Smith Mountain Morning, Texas Braid
Tony Jacobson - Blurred Lines, Will You Walk Into My Parlor
Diane Pitchford - Drafting and Constructing a Mariner’s Compass, Perfect Your Binding Technique

**Quilt Design**

Kari Schell - Introduction to Electric Quilt 8

**Lectures**

Bonnie Hunter - String Fling
Nancy Eha - New Beading Techniques from Needle at Traditions
Gudrun Erla - Quilts of Iceland
Tony Jacobson - Let the Fabric Do the Work
Page Johnson – Quilting
Karla Overland - The Prince Cherrywood Challenge
Allison Rainboth - Unveiling the Mystery of the Judging Room, After the War
Last fall some members of the Minnesota Quilt Project committee started thinking about the quilts we have collected information about in our 40 years of documenting quilts. We began to look at all the paper, photos, slides and quilts we are caring for and wonder if we are caring for them in the best way we can. We feel this work done over the past years is an important part of Minnesota history, and we want it to last for years to come. We thought it would be a good idea to hire a professional to assist us with this task. Luckily one of our members heard about grants that could be available to groups like ours. So last winter we wrote a grant submission to do just that.

In the winter of 2018 Minnesota Quilt Project members submitted and received a grant through the Minnesota Historical Society. This grant is funded by an appropriation to the Minnesota Historical Society from the Minnesota Arts and Cultural Heritage Fund and Cultural Heritage Grant. The grant was given for us to hire an archival expert to evaluate the items from the past Minnesota Quilt Project documentations that are currently in storage and to develop a detailed plan with recommendations on how to store and care for these items in the future. We are currently storing 20 quilts which were made over the past 40 years with connection to the Minnesota Quilters organization, 4,000 documentation forms with the quilt photographs, slides and CD’s that accompany them, and approximately 33 taped interviews.

We were lucky to have Loris Sofia Gregory of Beautiful Necessity work on this project with us. She has years of experience working at the Minnesota History Center in museum collections. She has guided us over the last nine months in looking at our items. We started with a detailed inventory and found a few items we never knew were there. We have begun focusing on the slide collection and getting it back in order. We just finished our second work day with one more remaining. We are compiling all the photos of the quilts to store them for future use. Loris has recently completed our detailed plan for many more projects we will be working on in the upcoming year.

We have learned from this process that it’s difficult to keep a huge project like documentation in order as it gets passed between many committee members. We learned we have a lot of important information about thousands of beautiful quilts from Minnesota. We learned the benefits of having an expert assist us with this project. We learned the value of the Quilt Index and that you can see these quilts online anytime at www.quiltindex.org. We learned that it takes a core of volunteers to make the Minnesota Quilt Project a success. If you are interested in joining our committee, please come and talk to us at the Minnesota Quilters meeting or at our booth at the Minnesota Quilt Show.

As a fundraiser for Minnesota Quilters, the Minnesota Quilt Project group is collecting vintage or antique quilts or tops for sale at the MQP booth at the MQ Show in June 2019. All funds generated are used to support the activities of Minnesota Quilters. If you would like to make a donation, please contact the MQ office. You may drop off your items at the office, or one of our MQP members will pick up the quilt from your location. Sales at the MQP booth are a great way to connect vintage textiles with buyers who will appreciate them. For answers to your questions, contact MQP@mnquilt.org.

Show and Tell — December

Thank you to Carrie D’Andrea for photos at the Holiday Brunch. Few items were shown, and the sign-in sheet did not have markings indicating permission was given to print the photos in the newsletter.

Be sure to write legibly and note whether you want your item pictured in the newsletter. Please describe your quilt so it can be identified from the photo; the name of the quilt usually does not identify it.

Paulette Marini’s quilt is made of blocks she received in the block exchanges at previous Holiday Brunches.
### Business Members

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<th>Name</th>
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<td>108&quot; Quilt Backings</td>
<td>9171 Upland Ln N</td>
<td>Maple Grove MN 55369</td>
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<td>APQS</td>
<td>23398 Hwy 30 E Ste F</td>
<td>Carroll IA 50325</td>
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<td>1621 E Gale Dr</td>
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<td>Barn Quilt Treasures</td>
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<td>Chaska MN 55318</td>
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<td>Bev's Quilt Appraisal</td>
<td>PO Box 451</td>
<td>North Branch MN 55056-0451</td>
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<td>Cherrywood Fabrics Inc.</td>
<td>7882 College Rd</td>
<td>Baxter MN 56425-8620</td>
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<td>10 Industrial Ave Ste 2</td>
<td>Mahwah NJ 07430-2284</td>
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<td>Norway MI 49780</td>
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<td>Farmington MN 55024-9630</td>
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<td>Bloomington MN 55438</td>
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<td>Pine Needles Quilt &amp; Sew</td>
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MQ has a 2019 Mystery Quilt! Click here to see the fun: [http://www.cvent.com/d/qbqc6v](http://www.cvent.com/d/qbqc6v)
February Block of the Month  
Cupid’s Arrows  
Linda Huntziger, Darci Read, Kathie Simon Frank  
bom@mnquilt.org

Design the center to personalize your block or to make it particularly meaningful to the one to whom you gift it. Make one of the centers shown, or applique or embroider something in the center—anything you can imagine.

**Fabrics:** Choose a white tone on tone for the background and a bright red or pink tone-on-tone, or a heart print for the design. [Or if you want the block to signify President’s Day as well as Valentine’s Day, use red for A, B and C and make a star in red, white and blue for the center square. See Step 3 below.]

**Cutting Instructions**

Red/pink/heart fabric:
A: 1 strip 1½” x 19” Cut into 4 1½” x 4½” pieces.  
B: 1 strip 2½” x 10” Cut into 2 2½” x 4½” pieces.  
C: 2 5½” squares  

White tone-on-tone:
D: 1 strip 1½” x 19” Cut into 4 1½” x 4½” pieces.  
E: 1 strip 2½” x 10” Cut into 2 2½” x 4½” pieces.  
F: 2 5½” squares  
G: For a plain center or a center to stencil, embroider or applique, cut 1 5” square and trim to 4½” square when assembling the final block. Step 3 has ideas for personalizing the center.

**Assembly Instructions**

1 Corners: Place one C and one F right sides together. Draw a line diagonally on the back of one. Make two half square triangles (HST) by sewing ¼” on each side of the diagonal line. Cut apart on the line, press the seam open and trim to 5” square. Put these two HSTs right sides together, making sure the white triangle is against the red/pink/heart triangle and the diagonals are nestled together. Draw a diagonal line perpendicular to the seam. Sew ¼” on each side of the line. Cut apart on the line. This gives two hour-glass blocks. Trim it to 4½” square. Repeat with the remaining white and red/pink/heart squares to make two more HSTs. Press and set aside.

2 Sides: Sew one A to each long side of an E. Repeat with remaining A and E pieces. Sew one D to each long side of a B. Repeat with remaining D and B pieces. These should measure 4½” square. Trim if needed.

3 Center square: Your challenge this month is to design and make a 4½” square for the center block. A few ideas are to choose an interesting fabric to complement or contrast with the fabric in the block, or fussy-cut an image in the center of a 4½” square, or sew a pieced heart like the sample, or sew a star or chevron, or applique something (heart, basket, flowery vine, etc.) onto the 4½” background square. Or make a 4½” square version of your favorite block. Surprise us. Remember, you’re making just one 4½” square. Here are a few ideas as small diagrams.

4 Assemble the block. Row 1: Sew one CF hourglass block to the left side of an AEA block with E and F touching to make a left-pointing arrow. Then sew another CF hourglass block on the right side of the AEA block to make a right-pointing arrow where E and F touch. Repeat for Row 3 at the bottom of the block.

5 Row 2 (middle row): Sew one DBD block to each side of G. DBD should be oriented vertically (see diagram).

6 Sew Row 1 to the top of Row 2. Where B and C touch, you’ll see an arrow pointing up. Finally, sew Row 3 to the bottom of Row 2. Now you’ll also see arrows pointing down.

Continued on next page
Block of the Month continued

Make this block to celebrate President’s Day as well as Valentine’s Day by making a red, blue and white star in the center.

**BOM GUIDELINES:** Follow the directions above to make one, two, or three blocks for our monthly drawing. Please include a return-address label (add your phone number) on the back of your entry, or write your name, address, and phone number on paper and pin to the back of your block(s). You may wish to include leftover scraps with your block (pinned to the back or in an attached baggie) for the winner to use in a border or for other finishing touches. If you cannot bring the blocks to the meeting, mail them to the MQ office. Please allow adequate time for them to arrive in advance of Saturday’s morning meeting. Mail to Block of the Month, Minnesota Quilters, Inc., 253 State Street, St. Paul, MN 55107. We’ll draw for the blocks at each Saturday meeting except June and December. Winners will be notified by phone if not present. Winning blocks may be picked up during the month at the MQ office, or claimed at the next meeting.

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The mission of Minnesota Quilters, Inc. is to further the preservation of quilting, to educate and to document the art and craft of quilting in Minnesota.

Established April, 1978.

For a printable form from our website go to: http://www.mnquilt.org/documents/PaperMembershipForm.pdf

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