

HeartStrings Quilt Project ~ Red Centers

Quilt size 72 x 90

Block Size is 9 inches (9.5 inches with seam allowances)



Cutting Instructions

Cut 80 muslin foundations 10 inches square

Cut center RED strips 2 inches wide

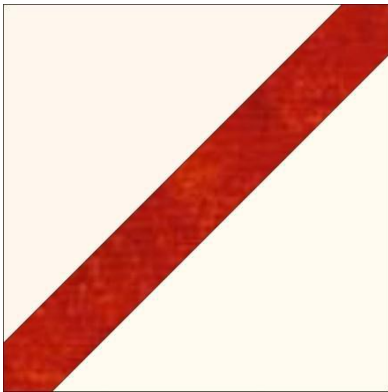
Cut or use a variety of strips and strings up to 3 inches wide

Block Guidelines

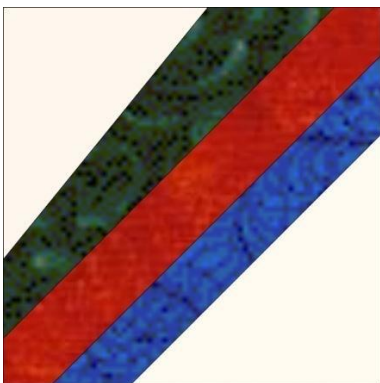
- 1 Blocks should be pieced on a muslin foundation cut 10 inches square and trimmed to 9.5 inches after strings are pieced.
- 1 Any cotton fabric can be used in place of the muslin but should not shadow through the strings.
- 1 Center strings should be cut 2 inches but additional strings may vary in width up to 3 inches; wedge shaped strings can be used and add interest to the blocks.

Piecing Blocks

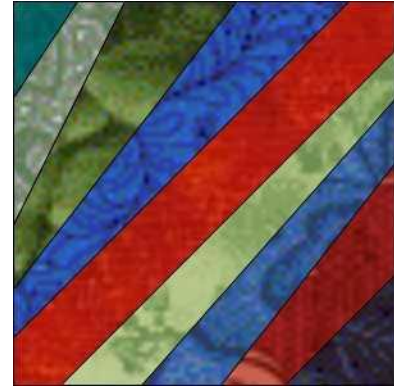
Place RED center strip on foundation diagonally; right side up. Your strings will overlap the edges of the block and be trimmed after the block is pieced.



Sew additional strings on either side of the center string until foundation is completely covered. I make groups of blocks at one time and iron between each round. Keeping in mind the block will be trimmed; wider strings or leftover triangles can be used on the block corners.



Aligning the diagonal line on your square ruler with the center string, trim block to 9.5 inches.



Quilt Assembly

Blocks are set 6 blocks across and 8 blocks down using the diagram on page 1.

Using a walking foot during assembly of the top may help with piecing accuracy due to the extra thickness of the block with the foundation.

Seams can be ironed open to decrease bulk.

Quilting

Save the fancy quilting for another project, simple meandering or straight line quilting is great for these quilts.

Take the opportunity to practice those meandering quilting designs – try some hearts, loops, or stars.

Tying is also an option but check with the organization you will be donating the quilt to first to make sure it's appropriate.