

September Programs

Liz McHenry and Sarah Parker ed@mnquilt.org

Thursday September 5 at 6:30 PM—on zoom

Join us for the zoom meeting at 7 pm on September 5 to see Beth Helfter of Eva Paige Quilt Designs presenting: Oompah! Accordion Sewn HSTs™. This will be a combination lecture and trunk show. Learn how to add some pizzazz to your half square triangles. Get inspired by seeing some of her many examples.

Register for the zoom meeting here:

<https://us02web.zoom.us/meeting/register/tZ0rcOiopjMiH9xING9LTV2ELPpav4e89zgz>

Then you will get an email with the meeting zoom link.

Saturday Sept 7 at 10 AM - hybrid meeting

This will be a gigantic show and tell. We want to see what members of MN Quilters are doing. If you have won an award anywhere this year, come show us the quilt and tell its story. If you took a class at the show or at MQ and finished the project, bring it and show it. If you took on one of the many challenges or the mystery quilt this year, bring it!

For those on Zoom, regardless of which meeting you attend, please send photos of your quilts or projects to showandtell@mnquilt.org Including a description would be extra nice!

Attend meeting in person at MQ or register for the zoom meeting here:

<https://us02web.zoom.us/meeting/register/tZ0ld--prTssE9EKq9cYZW4-vkvxO8ImPtU4>

Then you will get an email with the meeting zoom link.



Specifically ordered
fabrics = stunning
blocks and quilts!

We need a Show Director! Are you interested? Read the job description at this link:

[Show Director Job Description PDF](#)

August Meeting Recap

The August meetings were both presented by Sue Heinz, one of our many talented MQ members. On Thursday, she illustrated the many ways of Elmering your quilts. Its not just for bindings. About 70 members attended.

On Saturday, she did a workshop on free motion quilting showing how a simple design could be used in multiple ways with great results. In person we had around 60 members attend, and 26 on zoom. See the fantastic Show & Tell starting on page 5.

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Ongoing Events:

Wednesdays, Quilting for Others, 11 am to 1 pm, pick up supplies and drop off finished work at Recovery Church. Come help us complete some of them on the 4th Wednesday from 10 am to 2 pm.

Mondays, Zoom Bee Sewing Days, September 9, 16, 23 and 30; 10 am to 4 pm, Click to join:

<https://us02web.zoom.us/j/82747265102?pwd=eUQvakhJUDNLSTdYV3JMR2JHbDhLUT09>

Meeting ID 827 4726 5102 with passcode 986969 is valid for all 2024 Zoom Bee quilting days.

Calendar of Events:

September 5 and 7, Thursday we have Eva Paige Quilt Designs! Saturday will be "Winners!".

September 15, Scrappy Applique Workshop with Kristie Naranjo, 11:30 am to 6:00 pm CST. [Special Zoom Workshop!](#)

September 19-21, Day Retreat. Mary Ann Alencich and Darlene Bushinski host.

September 25 to 29, Fall Getaway!

October 3 and 5, Thursday, Jenny Lyon tells us how "Quilting is a Contact Sport". Saturday TBA—suggestions welcome!

October 12 MQ Quilter's Garage Sale. Questions? Email lindawines@comcast.net

October 17 to 19, Day Retreat. Loretta Stone and Jennifer Schultz host. *

November 7 and 9, Thursday Lisa Thorpe presents "Photo to Fabric: Design in the Palm of Your Hand". Saturday with Pat Cox and Marit Lee Kucera present "A Creative Partnership".

November 21 to 23, Day Retreat. Loretta Stone and Denise Mike host. *

December 5 and 7, Thursday: a lecture called "Writing a book is like making a quilt: Common threads in the creative process" with Marie Bostwick. Saturday we will be together for a free sewing day.

The MQ website has the complete calendar of events.

<https://mnquilt.org/eventschedule/>

* Regarding Day Retreats, Loretta Stone only signed up to make sure we have the retreats, because without 2 volunteers they will not happen. She doesn't want to hog them all! If you would like to take her place at any of the months she is listed above contact volunteers@mnquilt.org You get to attend for free in exchange for being a host. Also contact the email above if you have volunteered for host but don't see your name!

DEADLINE for October Newsletter: Tuesday, September 10. Send newsletter articles and photos to editor@mnquilt.org. Later submissions may be saved for the following month's newsletter. The newsletter deadline is the Tuesday after the Saturday meeting. Editor appreciates anyone who wants to write quilt related articles and send them in!

Picking Up the Pieces

by Laura Nagel

Raise Your Hand If You Are a Quilt Artist

I will assume that not many of you think you qualify as a fiber artist, or any type of artist for that matter, and I would be right there with you. In fact, when I am admiring a quilt with outstanding design, workmanship, or quilting, I'm relieved when I discover that the maker has a degree or background in art, graphic design, photography, or painting. Well, that explains it, I think to myself, no wonder I can't do that. And just like that, I let myself off the hook from improving my skills or trying something completely different. I've convinced myself I just couldn't do *that*.

But wait a minute, I've taught kids to read who thought they couldn't. Not only did they learn to read, but many also became readers. They found books, stories, characters, and topics that appealed to them and had relevance to their lives. Now learning to read at 5, 15, or 50 years of age is hard work, there is no magic involved, unless you consider the magic of cinema. Not movies on the big screen, but the pictures and movies that good readers make in their minds as they read the words on the page. Sadly, most of my students had been defeated by their struggle with sounding out letters and decoding words, and never got to the fun part of reading – comprehension – by being able to envision in their mind's eye the setting, the action, and the people that the story was all about.

Isn't that a little like quilting? Sometimes we are so caught up in the mechanics of our craft, that we are ignoring the process of actually creating. Are we using our imagination to alter a commercial pattern, buy a different style of fabric, or try a new technique? We've all gone to lectures to hear how a particular quilt artist envisioned her idea, chose her colors and fabrics, drafted the pattern, and set to work, but are we really listening? Are we only hearing the how-to-do-it tips, or are we paying attention to the whys, the trials and errors, the starting overs? It's the process of making these design decisions that lays the foundation for an artistic outcome.

Whether in person, on Zoom, or from a book, if you have attained a level of competent workmanship, you are at a stage to learn from the quilt experts' design process and development. If you have wondered how a particular quilt artist develops her signature design or style, read the introduction to one of her books, or search online for an interview to learn about her thought process. You'll be amazed at what they'll tell you. I've been surprised at my take-aways from some of our recent speakers. While listening to Susan Stein, she explained how she used an 8-step graduated bundle to achieve the flow of color on one of her examples. Using the lightest half of the fabrics for the blocks at the top of the quilt, and the darkest half for the bottom blocks allowed the color to gradually intensify as it moved across the quilt. Sounds simple, but it was a conscious design decision made to accomplish her purpose.



Another speaker, Sue Heinz, likened the dexterity of free-motion quilting to driving a stick shift. Until you get that flow of motion between the clutch and the brake, it's hard to focus on where you are going. The same can be said for machine quilting, until you get the rhythm of the machine speed and moving the quilt sandwich in unison, it's hard to envision the path of your quilting design. While I could relate to both examples, what struck home to me was the idea of time. We spend hours or weeks or months on piecing the quilt top, but we want the quilting to go quickly. She said, "If you spent four hours making the block, you are probably going to spend close to 4 hours quilting it." It was a light-bulb moment for me. I haven't allowed myself to think through the machine quilting process in terms of the planning and time that needs to go into it. Sue gave me a more realistic mind set for my free-motion quilting expectations.

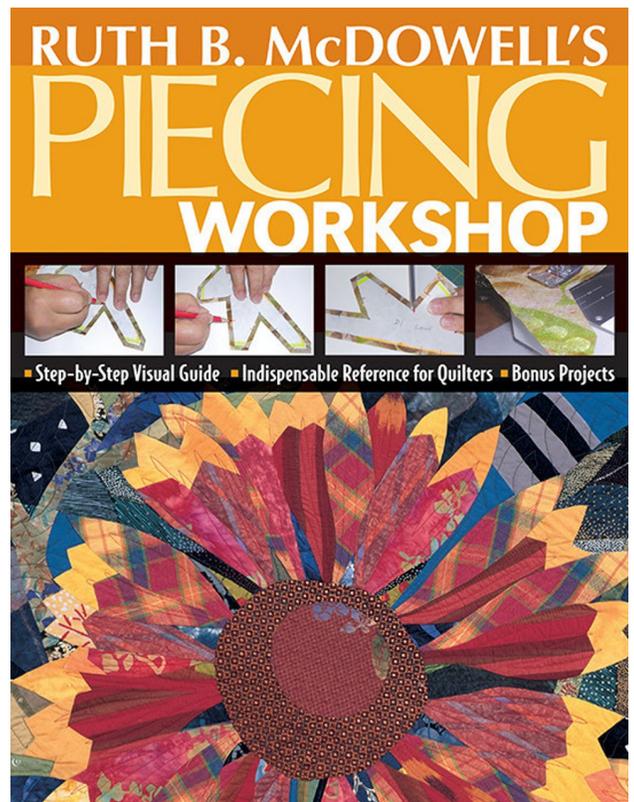
Since the announcement of Ruth McDowell's passing, I retrieved some of her books from my shelf and glanced through the photos of her amazing quilts. How did she do that? So, I started to read one of her process books, and was astounded by all of the elements of design she took into consideration before even drafting her

Continued on next page.

patterns: perspective, continuous or interrupted line construction, and scale of prints just to name a few. If I want to tackle one of her projects, it's not about learning her freezer paper applique technique, but rather how she sees and thinks about the design: where does the eye go, what comes forward, how does the background recede? There was even a chapter on tessellating designs that left me lost in the weeds but reinforced my admiration of the complexity of her artistry.

Additionally, each of these quilters has something to say. Their work expresses who they are as an artist, their personality, and the impact they want to have on those who view and admire their work. In that respect, we are quilt artists in our own right. Even if we are making a commercial pattern or rendering a traditional composition, we bring our unique perspective to the piece. Our personality is infused into the fabrics we choose, the little tweaks we make to the size and setting, determining how it will be quilted, and the skill set we bring to the whole process. Our quilts are a reflection of our mood, emotions, and voice. Keep that image in mind the next time you work on your design wall or sit down at your machine. Be proud of your work and treat it like the artistic expression it is.

© Laura Nagel



MEDORA

Pattern for 4 quilt sizes



pattern by Jill Blair



materiella.com

◀ Are you up for another challenge?

The Maple Island BQ Challenge was so popular last year that we thought we'd bring it back this year only with a different pattern designer and pattern.

What better way for a Minnesota designer to gain recognition than to have 20 or so quilts made from her pattern on display at the MQ Show in June. And we'll all get to put our own spin on the same pattern, making for a great exhibit.

Jill Blair of Materiella Designs has generously offered to donate 20 copies of her Medora Quilt pattern to MQ. We will have the patterns available to raffle off at our September Saturday meeting. Additional copies of the pattern will be available to purchase at the meeting or from her etsy shop, if you aren't lucky enough to win one of the 20.

Just like last year's BQ challenge, members will be able to enter the Medora Challenge in the Minnesota Quilt Show for free.

Liz McHenry and Sarah Parker

ed@mnquilt.org

Did you miss August's meeting Show & Tell?



▲ Marcy Huggins made "Sea Glass" for her brother who lives by the ocean.



▲ Liz McHenry made her "Summer Bloom" into a table cloth. Pattern from [Robin Ruth Design](#).



▲ Becca Brackett made 2 quilts for her twin grand-nephews.



▲ Becky Lindgren got more done on her Great Red Spot on Jupiter.



▲ Carolyn Davidson made 3 loon wall hangings. The pattern is called 5 Loons by [One Noisy Streetcar](#). They have been embellished with heart earrings that were worn by Carolyn's Mother-in-law Jan Davidson. She was a Loon Ranger in Northern Michigan. Loon Rangers monitor loon activity on the lakes, like their comings, goings and number of chicks. The 3 wall hangings are for Jan's adult children, Carolyn's husband Dennis, and his sisters Becky and Luann.

▼ Darlene Bushinski made Jelly Roll Quilt. The pattern is called [Phoebe's Flower Box by the Missouri Star Company](#). She wanted to use up a jelly roll and she is still pondering which family member to give it to.



August's meeting Show & Tell



▲ Ellen Carter has been making miniatures.

▼ Nancy Drake brought the raffle quilt for the Apple River Quilt Guild Fall Festival show, that runs September 13-14, 2024. It was pieced and appliqued by guild members Pat Marquand and Sally



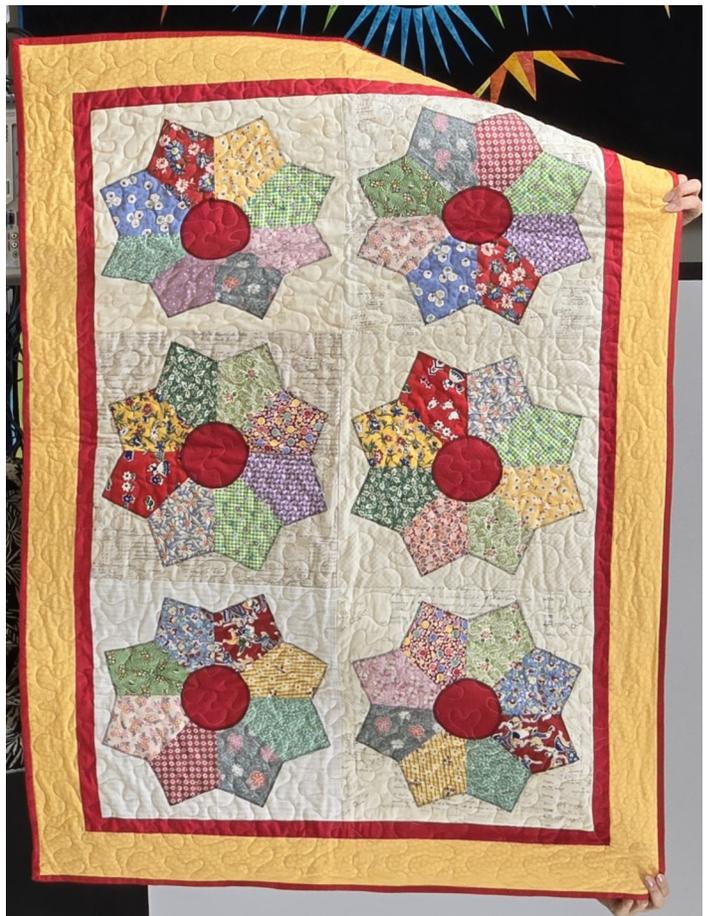
Frolik, and machine quilted by Cindy Meservey. The quilt is based on the pattern called True Colors by [Nancy Mahoney Designs](#).

August's meeting Show & Tell



▲ Rose Allen made 3 table runners.

▼ Sue Weiby made a purple quilt. It's a wedding gift for her nephew and his wife. They like purple! The pattern is Koby by [GE Quilt Designs](#) and it has minkee on the back. It was long arm quilted by Nancy from Grace & Peace Quilting.



▲ Faye Bodenhamer made a 30's baby quilt. The pattern is from 2006 called Blue Plate Special by [quiltsoup.com](#)



August's meeting Show & Tell



Faye Bodenhamer has been busy with CATS! A large one, a small one and 2 pillows to match. The cat pattern came from some magazine.

They are made for her grandson's who have a black cat, and a white cat with black spots.



Canning Jar Quilt

Markey Dwyer, Duluth MN

I stopped in at Quarry Quilts & Yarn (QQY) the other day in Sandstone MN. I had a quilt top waiting for me to pick up. The quilt was many years in the making. Minnesota Quilters, Inc. had a Block of the Month (BOM) in which they presented a pattern in the newsletter. You could make as many as you wanted/needed to, but you could also send up to three blocks in for a drawing held at the meeting to win at least 12 or more blocks.

I ran into Laura Nagle at QQY, and when we were reminiscing about the BOM, she said she had won the month of the Canning Jar quilt block. It was years and years ago when we were presented with the Canning Jar BOM for the guild challenge. I had made six of the BOM blocks each month, three to send in and three to keep. I learned a great deal from making those BOMs each month—various techniques, fun ideas like the lion, and dog blocks, and thinking outside the box. The school house block showed me I need to be more diligent with alignment of small pieces. I learned about getting a ¼" piecing foot with guide. OMG that was a life changer. It vastly reduced my seam ripping/resewing, that reduce my frustration.

I returned to the Canning Jar BOM about a year after the drawing. I would work on it off and on over the years, as I searched for fabrics that I really liked to put into the jars.

I finally finished the top, or so I thought, and then set it aside while I decided how I wanted it quilted.

Another year went by. I finally decided I wanted it to look like the pantry in a basement. As I sewed the sashing, borders, and the faux drawers on the bottom section, I was thinking again about the best way to quilt it. I met with Chris and Vanessa at QQY, and we discussed my concept of the basement pantry, and I said I would like it to be custom quilted with spider webs, not the cartoon style, but the real feel of spider webs—and I left the rest in their hands. Vanessa was the quilter on this project, and she did an amazing custom job on this quilt. The quilt really came to life in Vanessa's hands.

Now we'll have to see if I can get the binding and hanging sleeve on in time for the 2025 Quilt show.



Time to GET INVOLVED! Join the Show Committee!

Brenda Lyseng, Show Director

Fall is always a time for new beginnings, even if it's been a few decades since you were in school. As you think about what activities you want to be involved in this program year, I hope that the 2025 Show Committee is on your list! The Show Committee works on The Minnesota Quilt Show as a whole and each person works in one specific area. Each subcommittee consists of 2 – 3 people that share the workload and coordinate with other subcommittees. Newcomers are welcome and expected – it's how we get new ideas. We offer support – there is a job description that outlines what needs to get done plus final reports from previous years. The Show Coordinators and Show Director will help as well.

What positions are available?

Show Coordinators: work with show director and subcommittees to plan and execute the show, available during quilt show week to assist director and committee

Advanced Registration: put together registration packets, manage booth

Banquet: choose theme and decor, set up banquet room

Chartered Bus tours: solicit charter buses, set up MQ Show Bus, greet buses at the show

Quilt Exhibit Areas: Challenge, Judged, Non-Judged, Special: determine entry details, process quilts, design layout, hang and take down quilts

Faculty: choose workshops, gather info for website, determine schedule, set up classrooms

Learning Stage: create schedule, introduce presenters

Marketing: create posts for social media, assist with marketing blitz to quilt shops

Merchandise: determine merchandise to sell, manage booth

Photography: photograph judged quilts, prepare power point of winners



Sarah Parker, Dianne Conner, Carolyn Davidson, Maureen Ohlson, Rhende Hagemeister, Diane Rose and Wynn Martin. Holding back eager show visitors before the show opened or taking karate? Continued on next page.

Join the Show Committee! Continued from previous page.

Quilting for Others: coordinate with QFO leads, manage booth

Raffle Baskets: solicit donations, prepare baskets; manage booth

Signage: determine signage needs, create signs, place signs at show

Vendors: prepare vendor packets; oversee vendor move in and move out

Volunteers: create volunteers sign up, solicit volunteers, sign in volunteers

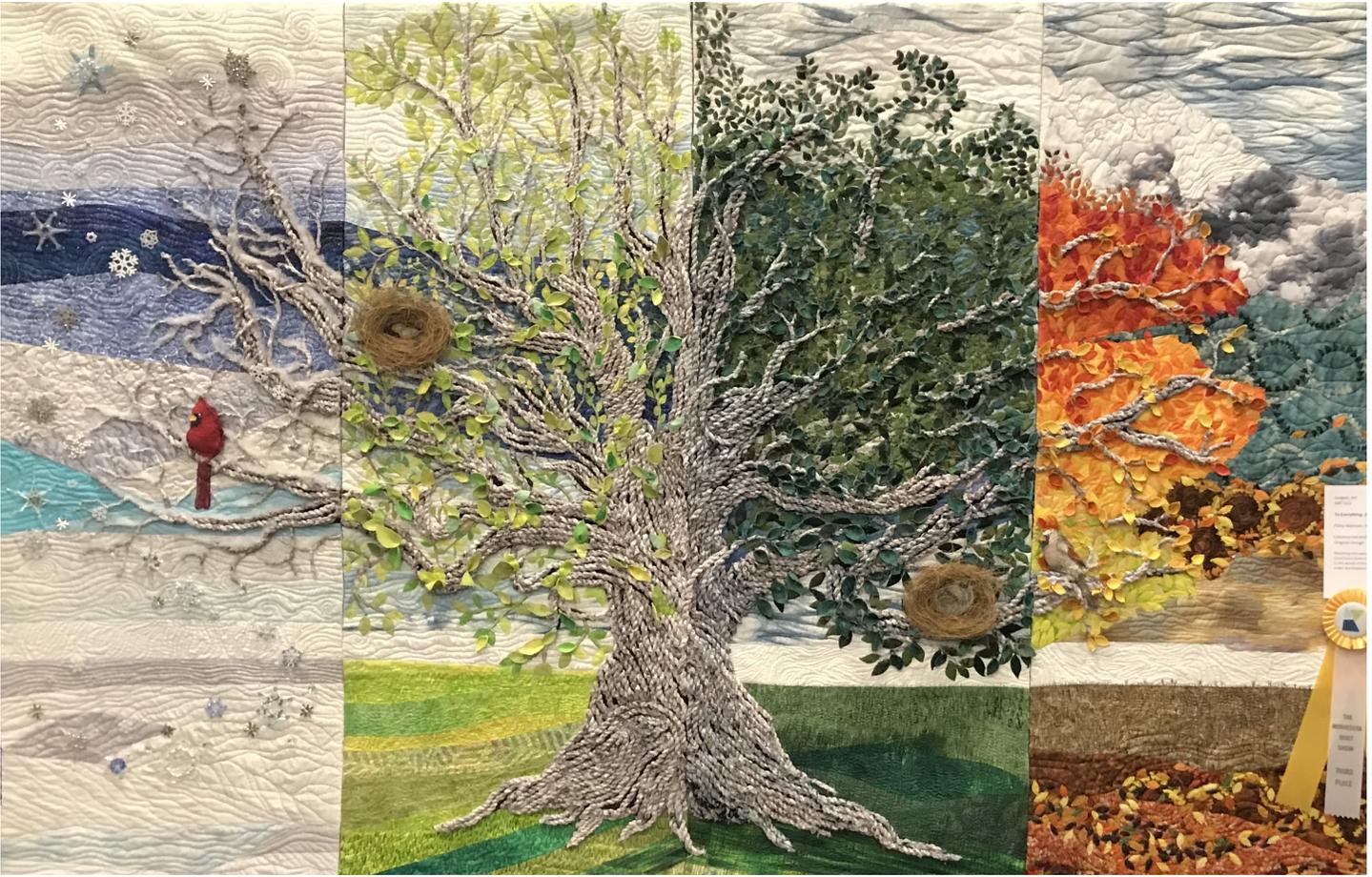
Want to learn more and sign up? Job descriptions are available [at this link](#) and you can sign up at [SignUpGenius](#). Questions? Contact me at showdirector@mnquilt.org.

September is kick-off time: **Saturday, September 28 from 10 – 12.** It will be my first and last time with this year's committee and hopefully the first time with a new show director! We will make time for individual subcommittees to meet. Plan to meet at MQ, 253 State St OR [join the zoom](#). Typically the Show Committee meets as a full group once a month on the 4th Saturday.



Heads left to right: Tina Rohde, Karen Kopitzke, Paulette Marini, Kathie Simon Frank, Lisa Stene, Jude Edling, Carolyn Davidson, Dianne Conner, Louise Somer, Laurie Klinkhammer, Sarah Parker, Aileen Lively, Brenda Lyseng, Colleen Shaskin and Adrienne Lemberg.

QUILT SHOW WINNERS!



Art 3rd Place "To Everything, A Season" by PATTY ARENSON*

Did you get a look at the rope she made out of fabric to make the 3D tree trunk and branches?

* by names designate they are an MQ member.

QUILT SHOW WINNERS!



Applique Large 3rd Place
"My Journey with Grace" by BARBARA CLEM



Applique Small 3rd Place
"Gingerbread Village" by BEVERLY HUNNICUTT*



Group 3rd Place
"Quilter's Garden" by COLLEEN SHASKIN* and
CHASKA AREA QUILT CLUB, quilted by MARY ALSOP*



Mixed Techniques-Large 3rd Place
"Adventures of Aquamarine and Amethyst"
by MARGARET SOLOMON GUNN

QUILT SHOW WINNERS!



Mixed Techniques-Small 3rd Place
 "My Flower Garden" by JAN KAMRATH



Modern-1 person 3rd Place
 "Seeing Through the Chaos" by DIANE COSTELLO*



Modern-2 person 3rd Place
 "Ceiling at Naniboujou Lodge" by DEE LEGVOLD*, quilted by PAGE JOHNSON*



Other Techniques 3rd Place
 "A Child is Born" by JEANNE TAM, quilted by MARILYN HASKOVEC

QUILT SHOW WINNERS!



Pieced-Large-1 person 3rd Place
"Butterfly" by MARY ALSOP*



Pictorial 3rd Place
"Morning Watch" by JULIE EKHOLM*



Pieced-Large-2 person 3rd Place
"LoneStar Odyssey" by AUDREY FRESH*, quilted
by MARY ALSOP*



Pieced-Small-1 person 3rd Place
"Twinkle Twinkle" by SUSAN AULIE*

QUILT SHOW WINNERS!



Pieced-Small-2 person 3rd Place
"Art Deco Meets Southwest" by PAULA FULTON,
quilted by ATHENA TAYLOR



Upcycled Quilts 3rd Place
"EConnections" by DIANE L MURTHA



Workmanship 3rd Place
"Blue-tiful with Jacqueline" by SANDY ENGWALL*,
quilted by KIM ROO

This is the last installment of the quilt show pictures. The July issue had all the 1st place, August had all the 2nd place, and this is all the 3rd place. I've been running a different Honorable Mention each week in the Thursday Thimbleful email that goes out to members. It was a grand show!



▲ Wynn delivered the placemats that came in to her Challenge.

Youth at the Quilt Show!



▲ Sophie entered her quilt "Puppies!" in the show.

Bulletin Board

July 2 to September 30, Quilt National' 23 at Hjemkomst Center, 202 1st Ave N, Moorhead MN 56560. Free Tuesday nights from 5 pm to 8 pm, otherwise \$12 Mon—Sat 9 am to 5 pm and Sun 12 to 5 pm.

July 10 to December 1, Voting Line Exhibit, at MSP Intl. Airport, Terminal 1, Concourse C Art Gallery. "The Voting Line" by Carol Hancuh. And yes, you need a boarding pass to see it, so the next time you're flying, go early.

September 7-8, Hill City Quilt + Fiber Arts Show, at Gins Gym, 440 Main St, Hill City, SD. 9 am to 4 pm daily. Quilts, fiber arts, crafts for kids, vendors, trunk show & dinner. \$7 admission.

September 13-14, Apple River Quilt Guild 33rd Annual Quilt Show, at St Joseph's Catholic Church, 1050 Keller Ave N, Amery WI. Also vendors, raffle items, challenge and lunch both days. 9 am to 4 pm both days. \$5 admission

September 27-28, Chaska Area Quilt Club Quilt Show, at Chaska Community Center, 1661 Park Ridge Dr., Chaska MN. Quilts, Raffle quilt, vendors, small quilt auction and bed turning. Friday 10 am to 6 pm, Saturday 9 am to 5 pm. \$10 admission.

September 28, Le Sueur Public Library at 118 Ferry St, Le Sueur MN. Lecture by Jennifer Cruise about the Minnesota Quilt Project. Those that had quilts documented by MQP in Le Sueur in 1990 are encouraged to email mqp@mnquilt.org about displaying your quilt after the lecture.

October 5-6, St. Cloud Heritage Quilters Show, at River's Edge Convention Center, St. Cloud MN. Saturday 9 am to 5 pm, Sunday 10 am to 4 pm.

October 18, Quilt Fest on the Mississippi, at Onalaska Omni Center, 255 Riders Club Rd, Onalaska WI. Quilts, Hmong quilts, vendors, boutique and raffle baskets. 10 am to 4 pm. \$5 admission

October 18-19, Evening Star Quilters Quilt Show and garage sale, at Mahtomedi Dist. Education Center, 1520 Mahtomedi Ave, Mahtomedi, MN. Quilts, sale, boutique, vendors, etc. Fri 9-6, Sat 9-4. \$5 admission.

October 18-19, Metro Quilt Expo, at Red River Fairgrounds, Fargo ND. Entries due 9/21/24, entries delivered 10/15/24. See www.fmquilters.org Friday 9 am to 6 pm, Saturday 9 am to 5 pm. \$10 admission

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Do you know someone who should be honored with our Quilter of the Year award?

List of previous winners, the guidelines and the form to submit can be found at this webpage:

<https://mnquilt.org/quilter-of-the-year/>

Who do you think should be honored?

In Person meeting request!

Please do not wear scents at meetings in consideration for the folks that have allergies. Thank you!

Membership Directory

One of your benefits as a Minnesota Quilters, Inc. member is the Member Directory. This handy tool will help you contact other members. The information in the directory is on a secure platform and can only be accessed with your Username and Password.

Here is how to get to the directory--

Go to the Minnesota Quilters Inc. [website](http://www.mnquilt.org).

Click on the Getting Involved tab.

If you don't see the tab, look for three dot symbol in the upper right of your screen and click on it.

Select Membership

Click on Membership Directory (requires log-in).

A screen on a secure server will open where you can set up your Username and Password.

For a printable form from our website go to: https://mnquilt.org/wp-content/uploads/2022/12/Form_MembershipFullPage.pdf

MINNESOTA QUILTERS, INC.™

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Deadline for submissions is the first of the month for the following month. Ads and articles may be sent to Minnesota Quilters, Inc.™ Editor, 253 State Street, St Paul, MN 55107-1612, or e-mail editor@mnquilt.org

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