

## **Chemo Port Pillow Instructions**

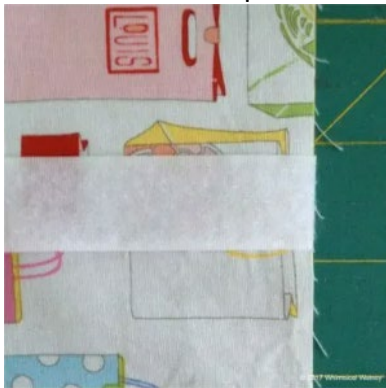
Chemotherapy port pillows are distributed to patients who are going through chemotherapy treatment and have a portacath placed beneath their skin. The pillow attaches to a seat belt to provide cushion between the port and the seat belt, making car rides more comfortable for patients. Gender and age-neutral patterns and colors are highly recommended and preferred so they can be used for all patient populations throughout UI Health Care.

### **Supplies**

- Two 7"x4" pieces of 100% cotton or hypoallergenic fabric
- Fiberfill for the inside of the pillow
- [Sew-on hook-and-loop tape](#) 3.5" long
- Rotary cutter and mat, or scissors
- Sewing machine

### **Directions for a chemo port pillow**

1. Baste the hook-and-loop tape onto the right side of one piece of fabric with a 1/8" seam
  - a. Place the soft part (aka the loops) of the tape on the long edge of the rectangle about halfway down and sew it onto the fabric
  - b. Place the hook side face down along the edge of the opposite side of the fabric and baste it with a 1/8" seam
  - c. Fasten the pieces of hook-and-loop to each other



2. Place fabric on top of each other with the right-side in. Clip or pin the two pieces together if you'd like



- Using a ½” seam allowance, sew the two pieces together, leaving a 2” opening on the short side to allow space for adding the filling



- Turn the pillow right-side out and stuff with fiberfill. Do not overstuff the pillow as this will be too firm for patients to use. Push the filling far enough into the pillow so the opening can be pinned and sewn closed using a whip or top stitch. Remove any pins



\*This pattern was found on [CREATE TO DONATE](#)